This lovely new bike route follows the Saint Joseph River and the Little Elkhart River, from Elkhart to Bristol to Middlebury. We suggest starting in downtown Elkhart on the RiverWalk Trail, meandering along the Elkhart River, through several parks and across multiple pedestrian bridges.

Greenleaf Boulevard and County Road 8 are the two main roads in this route. You will find tree-lined roads, uniquely designed houses, and some spectacular views of the rivers. Make a stop in the old town of Bristol for a snack in Congdon Park or a tour of the Elkhart County Historical Museum. You will also pass through Bonneyville Mill County Park where you can see Indiana’s oldest continuously operating flour mill.
Everyone has a different reason for getting on the trail or taking off on a county road. Knowing what you most enjoy about biking and walking will help you choose the right route.

Each route in the 2017 Biking and Walking in Elkhart County Guide recommends the type of biker or walker that may want to try it out. For example, if you know that you want to take it easy and stop to watch ducks along the river, look for the “Casual” recommendations.

**What’s Your Style?**

- **CONFIDENT, BUT CAUTIOUS**
  - Your route is mostly on trail and sidewalk.
  - Some sections require merging with car traffic, but only on local, low-traffic roads.
  - You will often be in busier parts of town, close to some good food and entertainment.

- **CASUAL**
  - Your route is mostly on county roads, but you will also see sections of our off-road trails.
  - Some routes have long, straight stretches great for getting in training mileage.
  - Some will require more navigation.
  - You will be in the quieter, slow-paced corners of our communities.

- **STRONG & FEARLESS**
  - Your route is entirely on off-road trails.
  - Expect very few road crossings, if any, and lots of opportunities to view wildlife.
  - You will be in the quieter, slow-paced corners of our communities.

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**Gear Up**

You can walk and bike in any weather if you have the right gear!

Walking in the rain can be a very relaxing activity, but only if you are dressed right. Wear a venting jacket with hood, waterproof boots, and two pairs of socks. Carry a water-proof bag for items that should not get wet.

Bicyclists should invest in a good riding poncho that attaches over the handlebars to keep your legs dry. Fenders with mud flaps and water-proof shoe covers are well worth the money, too.

The key to walking and biking in cold weather is wearing several layers so you can remove some as your body warms up. Overheating is a real concern, so remember to wear breathable materials. Wide bike tires with tread are a necessity to bike in snow.

**CYCLISTS: CHECK YOUR A, B, C’S**

- A Air
- B Brakes
- C Chain

Need to make a connection? Check out the Interurban Trolley map and schedule at interurbantrolley.com. You can secure up to two bikes on a rack located on the front or back of any Trolley. Then, sit back and relax awhile.

Note: Bicycles are not allowed inside the Trolley. If the rack is full, you must wait for the next available Trolley. Regular fare is $1.00 per person for each one way trip. Children 5 and under ride free when traveling with an adult.

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**Does your bike need a tune-up? Do you need new gear or want to rent a bike for the day? These locally-owned businesses can help you.**

- **Pumpkinvine Cyclery**
  - 413 N Main St, Middlebury
  - Tu-F: 10–6, Sat: 9–4
  - (574) 825-2252
  - pumpkinvinecyclery.com

- **Family Bicycle Center**
  - 3410 S Main St, Elkhart
  - M-F: 9–6, Sat: 9–4
  - (574) 294-2865
  - familybicyclecenter.com

- **Lincoln Ave Cycling**
  - 430 W Lincoln Ave, Goshen
  - M-F: 10–6, Sat: 9–4
  - (574) 533-7425
  - lincolnavenuecycling.com

- **Elkhart Bicycle Shop**
  - 401 E Jackson Blvd, Elkhart
  - M-F: 10–6, Sat: 9–3
  - (574) 294-7243
  - allaboutcycling.net

- **Want to connect to a community bicycle shop or advocacy group?**

  - **Chain Reaction Bicycle Project**
    - 510 E Washington St, Goshen
    - (574) 903-3056
    - crbp.org

  - **Pedal Power Bike Shop**
    - 1320 Prairie St, Elkhart
    - (574) 361-0009

  - **Bike Elkhart**
    - bikeelkhart.org

  - **Bike Michiana Coalition**
    - bikemichiana.org